

Adirondack Men's Retreat Oct. 8-13, 2008

Fathers, Sons, Men of all ages (6 - 106) and sizes
Hunting, Fishing, Hiking, Camping - Being a Guy

Where we're going!

- ★ Eighth Lake Campground Map www.dec.ny.gov/docs/permits_ej_operations_pdf/eighthlake.pdf
- ★ Reservations for Eighth Lake Campground <http://www.reserveamerica.com/>
- ★ Inlet NY interactive Map http://us.i1.yimg.com/us.yimg.com/i/us/map/aj/med_map.png?v=1.3
- ★ Moose River Plains Info <http://gorp.away.com/gorp/resource/statepark/ny/moose.htm>

Accommodations:

- ! We have (3) camp sites reserved at Eighth Lake State Campground in Inlet, NY. If you would like to stay at this campground, please contact Rob Hayes. Online reservations through www.reserveamerica.com. Reserved sites are #30, 33.
- ! Primitive camping is available within the Moose River Plains. There is no charge for use of primitive sites on a first come first serve basis. If you are interested in more info for this option contact Mark Eckler.
- ! There are a number of Bed & Breakfast and Inns that offer lodging. You can select lodging with pricing and accommodations to suit your needs by searching on line for lodging in the vicinity of Inlet, NY or Phil Hy can make referrals to the Inn that he stayed at in Inlet, NY last year.

Meals

- G You should plan on supplying for your own meals and meal prep.
- G We will hold a fellowship steak dinner at Chef Parker's campsite #33 at Eighth Lake Campground on Saturday Oct. 11 at 6:00 PM. If you would like to attend you can reserve your steak by giving \$5 to Mark Eckler by Sunday Oct. 4th.
- G It may work well to coordinate your dinner meals for the other evenings with the men you are sharing campsite/lodging with.

Church

We have enjoyed worshipping at Inlet Community Church. If you would like to join us, plan for casual attire. The morning services are at 10:00 AM



Clothing and Gear:

- ✓ Bible
- ✓ You should bring outdoor clothing suitable for temperatures ranging from the low 30's to mid 70's. We have found it best to bring items that can be worn in layers.
- ✓ Those camping will need a sleeping bag and pillow suited to the temperature range cited above.
- ✓ Hiking boots, hiking/hunting socks and Croc's or camp shoes.
- ✓ Ball cap, knit hat, and gloves.
- ✓ Rain coat, fleece coat/fall coat, insulated vest or sweatshirt(s).
- ✓ Hunting/Hiking pants and shirts.
- ✓ Thermal underwear, note synthetic thermals like polypropylene/Thermax/Under Armor, that wick away moisture are much better than cotton to help avoid hypothermia.
- ✓ Tent, cot or sleeping pad, ear plugs, cooking gear and dishes, camp chair, flashlight and/or lantern.
- ✓ Topo maps of the area are available at the True Value Hardware stores in Old Forge and Inlet as you pass through.
- ✓ Toilet Paper, Toiletries, quarters for the campground showers.
- ✓ Day Pak: (2) compasses, whistle, water, trail mix/cup-a-soup/granola or energy bars, (2) sources for starting a fire, a candle, thermal space blanket, flashlight, Topo map(s), knife, toilet paper, extra gloves, socks, hat.
- ✓ Fishing Gear, life vest(s), filet knife, cutting board.
- ✓ Rifle/Shotgun and ammo, bow and arrows.
- ✓ NYS hunting and fishing licenses.

**Any last minute or nearly forgotten gear can be purchased at a very well stocked Wal-Mart store as you head north out of Utica.

Need help or lack some essential items, Mark and Rob will gladly help!